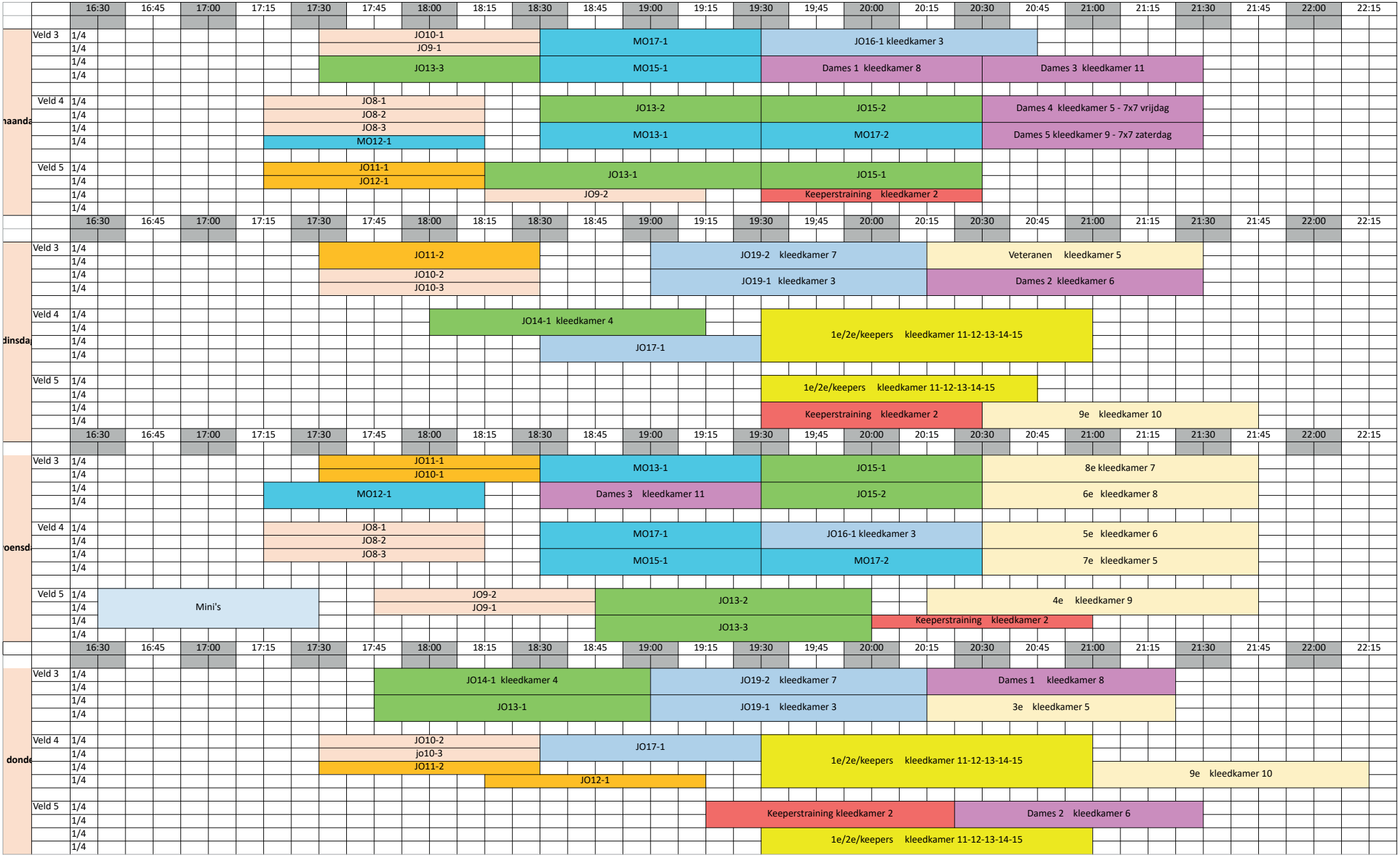Trainingschema en kleedkamers seizoen 2024-2025